

A progressive and welcoming Christian community!

## **Visit our Website to Contact Our Friendly Staff**

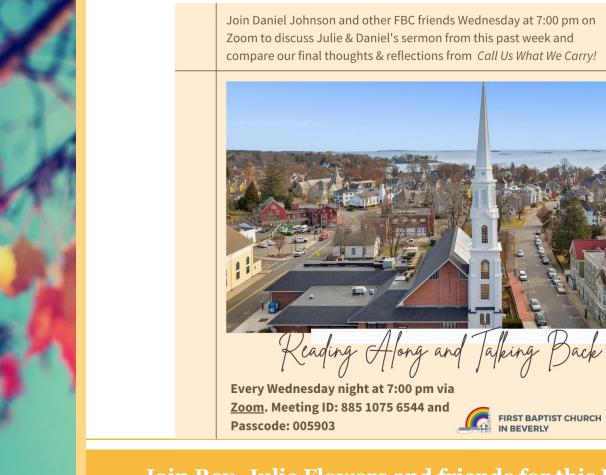


Join us for Worship this Sunday, September 18, 2022 at the First Baptist Church in Beverly

10:00 am is Worship in person or via our FBC Beverly YouTube Channel followed by Second Thoughts discussion group with Dr. Daniel Johnson in the Lounge.

## FBC's YouTube Channel





Join Rev. Julie Flowers and friends for this FBC favorite, Zoom Coffee Hour, tomorrow at 10:00 am!
Zoom on in with your favorite fall beverage for this relaxed time of fellowship fun!











20 Sept. 2022

7PM The Cabot \$15/adult & \$12/student/senior

Flee, a film by Jonas Poher Rasmussen Sponsored by the North Shore Cluster of Refugee Immigration Ministry

In FLEE, the Grand Jury Prize winner at this year's Sundance Festival, filmmaker Jonas Poher Rasmussen tells a poignant story of belonging and the search for identity. Amin's life has been defined by his past and a secret he's kept for over 20 years. Forced to leave his home country of Afghanistan as a young child with his mother and siblings, Amin now grapples with how his past will affect his future in Denmark and the life he is building with his soon-to-be husband. Told brilliantly through the use of animation to protect his identity, Amin looks back over his life, opening up for the first time about his past, his trauma, the truth about his family, and his acceptance of his own sexuality.

Nominated for 3 Academy Awards, including Best Documentary, Best Animated Film and Best International Film.

Rated PG-13. Run time approx. 1 hour 30 minutes.

## First Baptist Church in Beverly

## TOP 10 REASONS FBC CHOIR NEEDS YOU... AND WHY YOU NEED THE FBC CHOIR!

When it comes to inviting church members to join the choir, I have been asked this question repeatedly, "I want to try the choir, but do I need to have a good voice?" I have a solid answer to this question which will be addressed shortly. First, let's take a look at all the proven benefits of singing. I am so excited to share some of these amazing facts with you! Did you know that singing can do all these things for you?

- 10. Participation in music ministry can be an avenue for introducing visitors and new members to our church and the Christian faith. FBC Choir is an open, welcoming, and diverse group that can serve as a beacon to our community.
- 9. Inspires and leads meaningful worship
- 8. Improves mental health
- 7. Enhances memory
- 6. Improve snoring
- 5. Improves lung function
- 4. Regulates heart rate
- 3. Improves feelings of social well being
- 2. Reduces stress level
- 1. Strengthens the feelings of togetherness by weaving into the fabric of a community, bringing people together with a sense of purpose

Many people have asked me questions like "Do I need to sing well to reap all these benefits?" or "Do I have to be a really good singer to join the choir? The answer is NO! You do not need to be good at something already to start! If we always had to be excellent before we took up a hobby or any kind of activity, then, hardly anyone would ever try something new. The important thing for joining our choir is that you are ready to have fun and give it a go! The choir is made up of many voices and we will work together to improve our voices and enjoy ourselves. I believe that the choir celebrates the human voice because it is a God-given instrument used for expression. So therefore, you do not need to have a "professional" voice to contribute to a beautiful collective sound. So now, are you not feeling excited to give FBC Choir a try?

I look forward to hearing from you with any questions you may have. See you soon in the Music Room!

Esther Chang





Chebacco Lake Youth Fellowship Kick-Off Event on 9.11.22 was the BEST time with an amazing turn out! Middle School Fellowship (Grades 5-8) takes place this Sunday from 4-6 pm. Senior High Fellowship (Grades 9-12) is this Sunday from 6-9 pm.

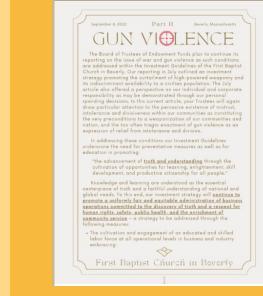




Beautiful weather, friendships rekindled & new ones made! Here is a summary of the weekend in photos. Please join in the fun next year!



Registration is now available for 2023! Sign up online at https://www.ldwfc.com/registration.html or by contacting Cindy Shupp at cjshupp@verizon.net.



Check out Part II of the hotbutton <u>War & Gun Violence</u> article series from our Trustees of Endowment as they continue their pursuit of ethical investing on behalf of FBC Beverly. Please <u>weigh in</u> with your thoughts! Don't forget FBC Friends & Family that we have many ways we like to keep in touch! If you would like to receive our text messages and/or sign up as a FBC Beverly YouTube Subscriber, Sherri will happily help! Shoot her an email to ensure you are receiving the latest and greatest news from FBC!



View all of FBC Beverly's most recent sermons!

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